

Music for This Week

Prelude: *Wondrous Love* arr. G. Chesterton
Processional Hymn #648 *Go Down Moses*
Sequence Hymn #Open the Eyes of My Heart [insert]
Recessional Hymn #529 *In Christ there is no East or West*
Communion: *Dance With Me* [insert]
Anthem *The Big House* Richard Farrant [insert]
Postlude: *In Christ there is no East or West*

Nursery Open

We now have Nursery care for all Sundays except Easter Day until the end of June. Ages infant - 4 are welcome. Come check us out downstairs. We are looking forward to meeting the new little folks at Trinity.

Another Tool for your Lenten Journey - Intercessory Prayer

Remember, at each Eucharist, you are invited to come to the transept during Eucharist to spend a few moments in personal prayer with a member of Trinity's Intercessory Prayer Team. Intercessory prayer is the act of praying on behalf of others. If you have any personal need which you would like to offer up to God for help, the intercessors are there for you.

All members of the team have been trained by Larry and the prayers are held completely confidential. Team members are Anne Holliday Abbott, Carol Brown, Jane Hartwell and Michael Morin. And, you may simply go to the transept and just ask for prayer, and be silent except for your silent heart prayer.

When others are with you in your prayer, something powerful happens, verbal or not. You may ask for God's help for strength, courage, healing, change or blessing. It provides an opportunity to heighten our personal relationship with God.

Why not give this a try. God always listens.

Parish Retreat - March 13th 9:30am - 3:30pm It is not too late to register. We supply coffee, tea with snack; drinks, chips, dessert. Bring own sandwich. Charge is \$5.00. Contact Carol Brown at 510-1891 or mbrown006@maine.rr.com

Another Disaster in Another Part of the World

First Haiti and now Chile. It is difficult to know what to do to help relieve the suffering in so many parts of our world. By supporting the Church World Service 'Gifts of the Heart' program we can provide some relief to folks in desperate need. On the blue towel hanging in Lincoln Hall are tags for items to complete Church World Service Health Kits. Last year your generosity helped us complete 25 kits. This year we are aiming for 40! If you can buy at least 2 or more items, we can help complete 40 kits and help 40 people. Your purchase of soap, nail clippers or whatever tags you select will be sent to a local depot and from there go directly to one of our neighbors- whether it is here in the USA, a refugee camp in the Sudan, Chile, Haiti...wherever there is a need. Please purchase exactly what the tag states. (Due to expiration dates, please do not donate toothpaste- this is provided by CWS). Any questions or concerns, please contact Sharon Stephenson sharstep@sacoriver.net. The deadline for all items is March 28.

This Week at Trinity

March 7 - 13, 2010

Today	11:15am Lenten Meditations 7-9 PM Lincoln Hall. in use
Monday	1:30pm-3:00pm Knitters, Etc. Group 7 & 8pm AA/LH
Tuesday	6:05pm Lenten Evening Prayer
Wednesday	Noontime Lunch Lenten Program 5:30pm Worship Comm. Mtg. 5-7pm Making Change/LH
Thursday	6:45pm EfM
Friday	8:00am Calling the Circle 9:30am AFG Group
Saturday	9:30am-3:30pm Trinity Retreat

Leaders In Today's Services & Hospitality

The Rev. Lawrence B. Weeks, Presider & Preacher
Cecile DeRoche-Cain, Organist & Choir Director

Layreader 8 am	Dibbie Appleton
Layreader 10 am	Anne Powell
Lector	Steve Pollock
Crucifer	Ryan Dixon
Chalice Bearer	Jan Lewis
Acolytes	Megan Dunn & Ben Kelly
Ushers	Lou Butterfield & Peter Connolly
Greeter	Priscilla McGarry
Altar Guild	Kris & Allison Lemay, Laura & Maddie Abbott, & Joan Newcomb
Coffee Hour Hosts	Fellowship