



# The Herald

Trinity Episcopal Church

The Rev. J. Peter Swarr, Rector

580 Forest Avenue, Portland, Maine 04101 • Phone (207) 772-7421



This is the MAY issue of the Herald and that means lots of hype about our wonderful Yard Sale coming on June 8 this year. It means it is time for you to make collections of things to bring to be sold on June 8. It means stop procrastinating that trip to the attic or basement to get rid of the things you no longer want or need — things that may be treasures to a buyer at our Yard Sale on June 8. Please see Bill Spear's article on pages 6-7, and find a neat place to start making your collection at home, or better yet, throw the "stuff" in the car and come put it on the stage in Lincoln Hall! We need stuff to sell!



**TRINITY YARD SALE COMING**  
**SATURDAY, JUNE 8 — See page 9**

**MAY 2024**  
Volume 64, #5

## Need Names of 2024 Graduates!



This is the time of year when the Herald begins looking for the names of our younger members who are about to graduate from high school, college or grad school. Please email the editor [dib@maine.rr.com](mailto:dib@maine.rr.com) so we can salute the grads in a coming issue!

• **Clergy & VESTRY** •

The Reverend J. Peter Swarr,  
Rector

The Reverend Larry Estey,  
Priest Associate

The Reverend Heather Sylvester,  
Deacon

Jonathan Radke, Seminarian

The Reverend Dr. Roy  
Partridge,

Assisting Priest

•

Tim Dunn, Senior Warden

Bill Gordan, Junior Warden

Donna Downing, Clerk

Bill Spear, Treasurer

**Class of 2025** - Polly Sewall,

Pam Cleghorn & Russ Dumond

**Class of 2026** - Abby More &

Margo Slining

**Class of 2026\*** (May be reelected) -  
Katharine O'Neill & Cindy McLellan

**VESTRY MEETINGS**

*Are open to congregation*

3rd Tuesday at 7 PM - Ogden Room.

**NEWSLETTER**

**The Herald**

is published eleven times a  
year, on or near the 20th of  
each month. [July/August  
issues are combined.]

**DEADLINE** for all copy is  
on the 11th of the month.

Please email copy to the

**EDITOR:**

Dibbie Appleton

dib@maine.rr.com

# CHILDREN'S Sunday School

Mark your calendars, please, for the next three  
Sunday School gatherings: 9:45 in the Ogden  
Room... All are welcome!

May 5

May 19

June 2



## Letting the Holy Spirit Guide Us.

On Sunday, April 7, nearly fifty people gathered in Lincoln Hall for pizza, salad, and other goodies. As we prayed and shared memories about Jane Hartwell's amazing legacy and her incredible gift to Trinity, a sense of deep gratitude filled the room. Added to that, children zipped around on scooters and teens whispered ideas about what the future could hold. A sense of energy filled the room. We had gathered, people from many different generations with long connections and recent connections to Trinity, to dream new dreams for Christian ministry in this place.

*Ponderings continues on page 3 → →*

## Peter's Ponderings continued

Over the course of the next hour and 15 minutes, conversations were held at the seven different tables in the room about what a thriving and flourishing church would look like. Together we shared these dreams with each other. It was a holy time of letting God's Holy Spirit work in and through us, bringing up ideas for new ministries, new ways of being, and new ways of nourishing faith, hope, and formation in our midst. Children's laughter filled the air, and creative ideas filled our minds.

As the priest at Trinity, this first *Dreaming for the Future* session was a deeply holy event for which I am profoundly thankful. It fills me with anticipation for the next two events which will be taking place near the end of April where more folks from Trinity will be able to share their hopes and dreams and where the Holy Spirit will guide us as we discern what the future might hold.

There is no better time for us to be doing this work than in the season of Easter which leads into Pentecost. This is the time of year when new life is springing forth, when God is doing something new and bringing forth hope and resurrection all around us. These sessions are a way for us to witness to this hope and this corner stone of the Christian faith.

Similarly, they are a way for us to anticipate the power of Pentecost, the coming of the Holy Spirit, God's very presence in us, who is seeking to guide us into the future of ministry and communal life which God desires for us.

Each and every voice which is present at these meetings is INVALUABLE. Each dream which is shared is a dream which the Holy Spirit will use the help us learn, grow and discern what path we should take.

This process of discovering what God is calling us to do in the months and years to come as we act as wise stewards of this gift will not be quick. It will take processes such as these — processes where we pray, listen, dream, and let the Holy Spirit lead us and guide us. But if we do this Holy work, I am certain that God will do something far greater, far more wonderful than we would have come up with on our own in a quick period of time.

The Vestry and I are committed to this process of listening to you and to the voice of the Spirit in the days and months to come. We are similarly committed to sharing what we learn and hear so that together we might faithfully follow in the way God leads.

*[See photos on page 12.]*

*Peter†*



### **Vestry Meeting held Tuesday, April 23**

As always, the meeting opened with a prayer and Peter followed up with a reading of the 23rd Psalm. Busy meeting!

The Rector's report included a review of goings on at church in the last month, which included Holy Week and Easter and all the attendant services. There were a number of pastoral concerns which Peter addressed. He spoke about a number of programs and their progress. Service Corps had 18 participants this past weekend. Later in the meeting, we spoke of the fact that a coordinator has been identified to take on all the management details for Service Corps, a job Peter has been doing himself. There are a number of churches involved with Service Corps so the communication and follow-up is a time-consuming task, better held by one individual whose job it is to do such micro-managing.

Our Jr. Warden, Bill Gordan, spoke on a number of issues. Clean-up day brought out a number of volunteers for which Bill was grateful. Bill spoke of the rot that is in the stained glass windowsills in the church. We have hired someone who will be looking into one window in particular in order to get an in-depth idea of what will be needed to correct the situation in all the windows. You will see a notice elsewhere in this issue that in early May, a stone mason will be working on all the outside stonework to seal up areas

where moisture is getting into the church.

Bill spoke a bit about plans to renovate Trinity Park and the hoops that must be jumped through, people to contact, approval to be sought. He also addressed the discussion later in the meeting on the several bids we have received to redo the roof at Trinity. Our resident engineer and vestry member, Polly Sewall will be looking carefully at one of the bids and then a decision will be made what bid to accept.

Our treasurer, Bill Spear provided a monthly report as well as actuals v.s. Budget numbers and a balance sheet. There was discussion about Trinity's audit and pulling together an audit team that does not include those who presently work with our finances.

An Endowment Committee was discussed, as well as the need for Sunday coordinators to make sure everyone serving is present was stressed...does not need to be a vestry person! The Dreaming Sessions and some of the great ideas given at the first session were discussed. These are the meetings asking for parish ideas of how best to use the legacy given to Trinity by Jane Hartwell and what our dreams are for trinity in general.

The Yard Sale is coming in early June. See article in this issue. A special outreach to the children from the Day School has been suggested as a summer event, with our Sunday School liaison Rory Nickerson leading a craft day.

So much happens at a vestry meeting and you are always welcome to come and learn more about how our church is run and decisions made. More information on matters discussed are found in THIS Herald.! So read on!



**Wednesday, May 29**  
**1:00 p.m. in the Ogden Room**



From the author of the New York Times and USA Today bestselling novel, "The Alice Network" comes another fascinating historical novel about a battle-haunted English journalist and a Russian female bomber pilot who join forces to track the Huntress, a Nazi war criminal gone to ground in America.

**NOTE:** *This was our book choice for March but our meeting was canceled. Beth*

## **Vestry Creating an Endowment Committee**

At the recommendation of the Episcopal Church Foundation, an organization which helps Episcopal Churches which receive endowment gifts (and with which Trinity is working), Trinity is working to create an endowment committee. The Endowment Committee recommends policies and procedures to oversee the investment of endowments help by Trinity.

At this point three members of Trinity have agreed to serve on the committee, Stuart Tisdale, Donna Katsiaficas, and Bill Spear. Peter will also serve on the committee ex-officio If you are interested in learning about this committee or serving on it, please speak with Peter.



# YARD SALE

**COMING on June 8!**

This being the May Herald it is, hopefully, safe to assume that snow and ice are in the rear view mirror, and hopefully everyone has recovered from the trauma of the late season winter storms. With proper spring now at hand it's time for Spring Cleaning, and that means that you'll have found items that you no longer need lurking about your house. Well, the Trinity Yard Sale will be happy to help you dispose of those items!

As always, we need Stuff to sell. So, as you clear out, and clean out, your basements, your closets, shelves, attics and garages, keep an eye peeled for Stuff that Trinity can sell. Let your families, friends, and co-workers know that Trinity will help get rid of their stuff, too. Space is available on the stage in Lincoln Hall to drop off Yard Sale Stuff anytime that the Church is open. If you need help with getting Stuff delivered, call Paula at the office (8-2 p.m. Monday

to Thursday), or drop me an e-mail at [bill@wdn1.com](mailto:bill@wdn1.com) and we'll see what we can do to help, whether it's making sure that the door is open for delivery or having someone available to help shift Stuff from a vehicle to the stage.

What kind of Stuff will we take? Well, we need Stuff that works and is in good condition such as artwork, books, bikes, balls, bagpipes (not really), CD's, canoes, camping equipment, decanters, doodads, dishes, electronics that work, games, glassware, housewares, jewelry, lamps, paintings, puzzles, rugs, small furniture (no large or upholstered items – if we can't carry it, we don't want it), tools, toys, thingamajigs. If you haven't used it in a couple of years, then maybe someone else would like to.

Please do not bring TV's, computers or clothing. Cut out the middleman and send those items direct to Goodwill or Riverside Recycling. Also, NO CAR SEATS! (They don't sell, and Goodwill won't take them.)

And we need people. There are all kinds of jobs to do to make the Yard Sale a success. We'll need people to move Stuff, to price Stuff, to sell Stuff, to deal with leftover Stuff, and to set up and take down the tents that will protect the

**Go to page 7 →**



Stuff from rain, or the workers and customers from the sun.

We'll be putting up sign up lists this month, but please start thinking about how you might want to help with this annual Event!

More to come as we get closer to 'The Day'; which, by the way, is Saturday June 8<sup>th</sup>. We will also be looking to get tents put up a week prior, (more or less), so keep an eye peeled for e-mails with dates and times.

Many Thanks,  
Bill Spear,  
Yard Sale Don e Piccolo Tirano  
(Petty Tyrant)



## Pentecost at Trinity

On Sunday, May 19, Trinity will be celebrating the Feast of the Pentecost; the day when the church commemorates the coming of the Holy Spirit upon God's faithful who make up the church. As part of this celebratory service you are encouraged to wear **RED**, which is the festive color of the day. Additionally, our first lesson from the Book of Acts will be read in multiple languages at the same time.

Why would we do this? The story we recount on Pentecost is of God speaking to all people in languages they can understand. God, breaking out beyond just one culture and entering in to the diversity of the human family. It's true that on most Sundays at Trinity we stick to just English as part of our worship. That said, God's family is far broader than our monolingual worship. And Pentecost is a good day for us to hear French, Spanish, Latin, Lingala, and all kinds of other languages in our common worship to remind us just how broad and wide the reign of God really is.

**So, if you might be willing to dust off your foreign language skills on Sunday, May 19, we'd love to have you take part that day. You can sign up on the bulletin board for one of these readings.**

*Peter †*



**With Deacon Heather**



**Wednesday,  
May 8**

**Laundry Love:** The rain seemed to put a damper on our activity this month, but we were so pleased to see the return of one of our guests who had been absent for a number of months. His life seems to be on the upswing currently. God provides. Our Next event is Wed. May 8th from 1:00 - 5:00. Sign up is outside Lincoln Hall.

**State St. Shelter:** Thank you to all who volunteered at State St. Shelter for the first week of its opening. The Shelter plans to be open through the end of the school year. So for the next few months they continue to need volunteers! It isn't a glamorous job, but it provides a safe, clean, and comfortable place to stay. The renovations on the downstairs bathrooms at State St. have been amazing. There is a handicap bathroom complete with →

toilet, shower, and sink as well as another space with two showers, 4 sinks, and 4 toilets.

I witnessed the first-time arrival of a mother with her two boys. They looked harried, tired, worried, and closed off (with good reason). Then in the morning, they seemed refreshed and more hopeful. It was a beautiful transformation. I hope you will consider taking part in this ministry. Interest and questions, please contact Deacon Heather.

#### **A Review of Holy Week at Trinity:**

It seems forever ago, but I want to impress on everyone how inspiring and uplifting Holy Week was for me this year.

Last year as your new Deacon, I was much more concerned about where I was supposed to stand and say and do. This year (although not totally competent), I was more able to be present in our services and feel moved by our collective remembering of Christ's suffering and death.

**Maunday Thursday** was a beautiful service to remember The Last Supper and Jesus's gift of service to his disciples which extends to us.

*Heather's reflections  
continue on page 9*



## Deacon Heather continued



**Good Friday Stations on the Street** were proved by a small group to be a small act of suffering as we walked in the drizzle and wind around Forest Avenue establishments of social service to remember Christ's Stations on the Cross.

**Good Friday Evening Service** was another beautiful service reflecting on Christ's last hours. The music and liturgy in particular were inspiring to those present and feeling the power of Christ's gift in becoming fully human and dying for us.

I invite you to consider how these services might enhance your experience of Lent and Easter in the future.

Blessings, Heather

### **Service Corps Continues to Serve the Community, May 19 at noon**

On Sunday, April 21, middle school and high school members of multiple Portland area churches gave two hours of their time serving God and helping animals at the Animal Refuge League of Greater Portland. Together they purchased 1,000 dollars of needed supplies for the shelter and packed up those supplies for the shelter. Then, they shared a meal at St. Peter's Church on Washington Ave. and discussed why Christians are called to be good stewards of animals.

Another Service Corps project will take place for Middle and High School students on Sunday, May 19 from noon until 2 p.m..

*For more information please contact Peter Swarr.*

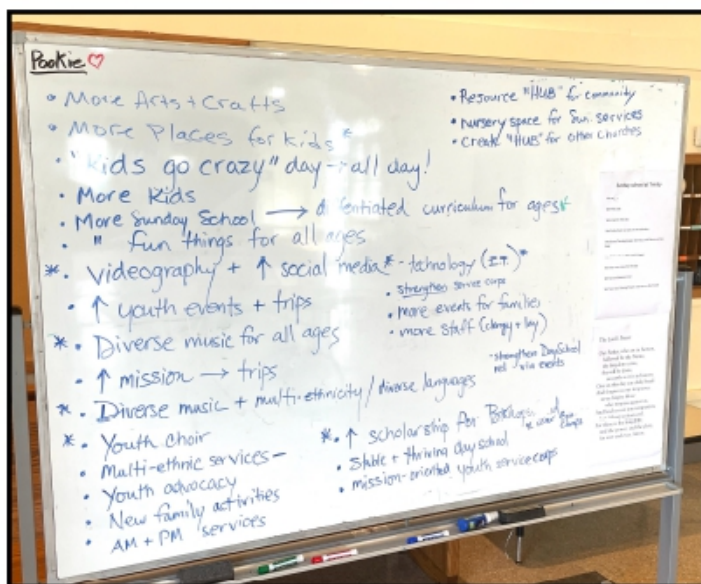
### **Please Send Names of Graduates!**

**The June Issue of the Herald usually salutes the various high school, college or Graduate School grads IF WE KNOW WHO THEY ARE! Please send me names of anyone you know who is graduating. If he or she is in YOUR family, have them send me a few details, like high school honors, college dreams or plans, or even a new job in sight! Send to Dibbie at [dib@maine.rr.com](mailto:dib@maine.rr.com). Thank you!**

# May 2024

Sunday	Monday	Tuesday	Wednesday
<b>28</b> 8 AM Service in church 10 AM Service in person and livestreamed 11:00am Bell Ringers Rehearsal 12:00pm "Dreaming for the Futures" Gatherings 5:00pm -8:00pm Renaissance Voices in Sanctuary APRIL →	<b>29</b> 9:00am -12:00pm Monday Morning Crew 12:00pm Noonday Prayer Service 7:00pm -8:00pm AA in Lincoln Hall →	<b>30</b> 12:00pm Noonday Prayer Service 5:00pm -8:00pm PCO in Sanctuary →	<b>1</b> MAY DAY!
<b>5</b> 8 AM Service in church 10 AM Service in person and livestreamed Skip & Sarah's 50th Anniversary 9:45am Sunday School in Ogden Rm. 3:00pm -7:00pm Portland Ukulele Social Club in LH 5:00pm -8:00pm Renaissance Voices in Sanctuary	<b>6</b> 9:00am -12:00pm Monday Morning Crew 12:00pm Noonday Prayer Service 7:00pm -8:00pm AA in Lincoln Hall	<b>7</b> 12:00pm Noonday Prayer Service 5:00pm -8:00pm PCO in Sanctuary	<b>8</b> 1:00pm -5:00pm Laundry Love
<b>12</b> 8 AM Service in church 10 AM Service in person and livestreamed Mother's Day 11:00am Bell Ringers Rehearsal 5:00pm -8:00pm Renaissance Voices in Sanctuary	<b>13</b> 9:00am -12:00pm Monday Morning Crew 12:00pm Noonday Prayer Service 7:00pm -8:00pm AA in Lincoln Hall	<b>14</b> 12:00pm Noonday Prayer Service 5:00pm -8:00pm PCO in	<b>15</b> 10:00am -11:00am Park Danforth
<b>19</b> 8 AM Service in church 10 AM Service in person and livestreamed PENTECOST SUNDAY - wear RED 9:45am Sunday School in Ogden Rm. 12:00pm Service Corps 1:00pm -3:00pm Recital / Nell Britton / Sanctuary 5:00pm -8:00pm Renaissance Voices in Sanctuary	<b>20</b> Paula on vacation this week 9:00am -12:00pm Monday Morning Crew 12:00pm Noonday Prayer Service 7:00pm -8:00pm AA in Lincoln Hall	<b>21</b> 12:00pm -4:00pm Lift Group 12:00pm Noonday Prayer Service 5:00pm -8:00pm PCO in Sanctuary 7:00pm Vestry Mtg. / Ogden Rm.	<b>22</b>
<b>26</b> 8 AM Service in church 10 AM Service in person and livestreamed 11:00am Bell Ringers Rehearsal 5:00pm -8:00pm Renaissance Voices in Sanctuary	<b>27</b> Memorial Day / Office Closed 7:00pm -8:00pm AA in Lincoln Hall	<b>28</b> 12:00pm Noonday Prayer Service 5:00pm -8:00pm PCO in Sanctuary	<b>29</b> 1:00pm Book Club in Ogden Rm.

Thursday	Friday	Saturday
<p><b>2</b> 12:00pm Noonday Prayer Service 6:45pm -8:15pm Choir Rehearsal</p>	<p><b>3</b> 7:00pm -8:00pm AA in Ogden Rm.</p>	<p><b>4</b> World Labyrinth Day 12:30pm -4:00pm Mary Frances in Sanctuary</p>
<p><b>9</b> 12:00pm Noonday Prayer Service 6:45pm -8:15pm Choir Rehearsal</p>	<p><b>10</b> 7:00pm -8:00pm AA in Ogden Rm.</p>	<p><b>11</b> HERALD DEADLINE 8:00am -6:00pm St. Alban's Retreat in Ogden Rm. 12:30pm -4:00pm Mary Frances in Sanctuary</p>
<p><b>16</b> 12:00pm Noonday Prayer Service 6:45pm -8:15pm Choir Rehearsal</p>	<p><b>17</b> 7:00pm -8:00pm AA in Ogden Rm.</p>	<p><b>18</b> 12:30pm -4:00pm Mary Frances in Sanctuary 7:30pm PCO Concert at Trinity in Sanctuary</p>
<p><b>23</b> 12:00pm Noonday Prayer Service 6:45pm -8:15pm Choir Rehearsal</p>	<p><b>24</b> 7:00pm -8:00pm AA in Ogden Rm.</p>	<p><b>25</b> 12:00pm -5:00pm Sanctuary in use / Wedding 12:30pm -4:00pm Mary Frances in Sanctuary</p>
<p><b>30</b> 12:00pm Noonday Prayer Service 6:45pm -8:15pm Choir Rehearsal</p>	<p><b>31</b> 7:00pm -8:00pm AA in Ogden Rm.</p>	<p><b>1</b> 12:30pm -4:00pm Mary Frances in Sanctuary</p> <p style="text-align: center;"><b>JUNE</b></p>



Please see Peter's **PONDERINGS** on page 3. These photos are from the first "Dreaming" session which Peter describes in his article.

Two more "dream sessions" remain, happening this last week in April, as we put our minds and hearts and dreams into how best to use the Jane Hartwell legacy to Trinity.





### **Vestry Moves Ahead with Repointing Stonework on Trinity.**

At the March Vestry Meeting, Vestry voted to move ahead with repointing and repairing the stonework on the outside of the church this spring. Much of the grout holding our stonework together has seriously degraded and is no longer keeping water out of the building. All of the stonework facing Trinity Park, the entrance facing Forest Avenue, and all of the stonework facing Coyle Street will be redone.

At the 10 o'clock service on Easter, Peter did a Children's Sermon at one point in the service, a brief but happy time with the children gathered around. As a surprise for the children, Peter gave them little containers which, when opened, exploded with brilliant, Easter-colored iridescent confetti!

The children were thrilled, and looked for any leftover handouts. The Altar Guild wishes to extend its profound gratitude to **Katherine O'Neill** and **Paul Guerin** and their son **William** who simply appeared voluntarily to tackle the confetti inundation after the service! *Alleluia!* Thanks, also, to Martha Resotko who took the action shot!





**May 4 is World Labyrinth Day,** though Trinity is not participating in an official capacity this year. There are many opportunities in the greater



Portland area to walk. The official walk time for World Labyrinth day is 1 PM in each time zone, so that the walk circumnavigates the entire planet.

To find a Labyrinth close to you, go to [labyrinthlocator.com](http://labyrinthlocator.com), and there you will find an extensive list of Labyrinths across the country. Below I have compiled a short list of outdoor Labyrinths in the area.

Labyrinth in the woods: Brunswick, Maine.  
[www.firstparish.net/labyrinth](http://www.firstparish.net/labyrinth)

Saint Albans, Cape Elizabeth  
[www.stalbansmaine.org](http://www.stalbansmaine.org)

Kennebunkport conservation trust  
[www.facebook.com/thelabyrinthattemmonspreserve](http://www.facebook.com/thelabyrinthattemmonspreserve)

UNE, Stevens Ave., Portland  
[www.perennialstone.com/the-labyrinth-at-une-portland-maine](http://www.perennialstone.com/the-labyrinth-at-une-portland-maine)

Unity center for spiritual growth, Windham  
[unitygreaterportland.org](http://unitygreaterportland.org)

St. Luke's cathedral, State Street, Portland  
[stlukesportland.org](http://stlukesportland.org)

Enjoy! — Robin Hodsdon Morin

2021-2023	2023 (1st)		2021-2022	2024 (1st)
8,832	280	Mini Warrath kit	15,627	1,051
21,462	1,152	Minare for man kit	6,342	520
29,904	1,906	Pants / Shorts	80,097	5,115
1,927	42	Shirts/Tops	115,840	7,733
20,322	2026	Sleeping Bags	3,041	430
43,911	3,157	Socks/Underwear	120,902	4,818
23,848	838	Strollers	545	7
24,624	1,865	Sunshine kits	806	1
1,651	838	Tents	8,492	76
24,677	1,871	Toys	24,786	1,265
17,491	3,725	Bus Passes		

## MAINE NEEDS

Please be very selective when you donate clothing for Maine Needs. If it really is more for Goodwill or even to be discarded, Maine Needs cannot use it. We are seeing a lot of torn or worn out clothing and without meaning to sound ungrateful, we do ask that you be selective in your giving, because Maine Needs is very careful to give quality items to its clients. Thank you!

Clynk bags are available in a basket on the desk in the church



office. Take your filled green bag(s) to a Hannaford Clynk collection site and the funds earned by your recycling will be added to our Trinity account. We are grateful for your help in this way.

— Margo Slining



**Old Eyeglasses may be put in the red bag on the hall table at Trinity and we'll recycle them for you!**



On April 16, St. Elizabeth's catered an amazing luncheon in appreciation of all its volunteers. About sixty volunteers and clergy from the host churches came. It was held after we had our morning of neighbors coming to the pantry, about 300 in all. Rick Gammon, Treasurer of St. Elizabeth's, was helped by all the board members, including Lynne Gammon shown here with Anita Chandler from St. Peter's, both members of the Board of Directors which catered the event. Rick made his wonderful tomato soup and grilled cheese sandwiches. Bishop Brown was with us to celebrate the work of the center. A short film showing nearly all the volunteers at work at St. E's was also shown and Sarah Borgeson, Executive Director, provided a brief welcome.



**Project FEED** is a food pantry located in Woodfords Congregational Church in Portland. Hundreds of needy people in the area receive emergency food annually.

Volunteers are needed to run the pantry which is open 1:00-3:00 p.m., Tuesdays, Wednesdays, Thursdays, except holidays and school storm closings.

Call or email Delene Perley for more information: at 310-8721 or [deleneperley@gmail.com](mailto:deleneperley@gmail.com).

**Project FEED needs items such as these:** Sugar, flour, tea bags (not flavored) cooking oil, cereal and pasta or rice. These items **CANNED:** milk, beans, fruit, pasta, tuna, chili, beef stew, corn beef hash and veggies.

The only beverages we offer would be frozen OJ, and Qt. bottled juice (cranberry, grape, etc.) There is a Project FEED basket in the back foyer. Thanks for your help!

*Our thanks to Linda Gordan, a Project FEED volunteer, who gets Trinity's donations to Project FEED.*

BELOW, the March stats show the number of clients served and meals provided. April stats not yet available. Volunteers are needed should anyone be interested in working once or twice a month. There are other areas to help if someone did not want to wait on clients..... restocking the pantry, picking up produce, bread, eggs, milk etc.

#### March Client Summary

Dates	Households	Seniors	Adults	Children	Individuals	Meals
3/5-7/4/2022	62	5	132	104	241	5061
3/12-14/2022	44	3	100	60	163	3423
3/19-21/2022	39	0	95	59	154	3234
3/25-28/2022	39	6	68	60	134	2814
<b>Totals</b>	<b>183</b>	<b>14</b>	<b>395</b>	<b>283</b>	<b>692</b>	<b>14532</b>
Unique Clients (repeat visits not counted)						
<b>Totals</b>	<b>140</b>	<b>8</b>	<b>300</b>	<b>206</b>	<b>514</b>	



## FEWER COFFEE HOURS?

Fellowship really needs your help in keeping our coffee hours happening. There is a sign-up list on the board in Lincoln Hall. It is not hard to do and if you have never hosted before, we'll show you how to do it! Everyone seems to enjoy coming and it does not need to be a fancy spread... hot coffee and a simple snack such as a bowl of grapes and a side of popcorn will do!

## PENTECOST TRIVIA

Pentecost is a Christian holiday which takes place on the 50th day after Easter Sunday. It commemorates the descent of the Holy Spirit upon Mary, mother of Jesus, and the Apostles of Jesus while they were in Jerusalem celebrating the Feast of Weeks, as described in the Acts of the Apostles. The story goes that the disciples heard the sound of wind and fire and were filled with the Holy Spirit. We are asked to wear **RED** on Pentecost Sunday to symbolize the fiery tongues of the Holy Spirit that first descended on the followers. The day was called 'Whitsunday' when I was growing up in the church. Britain still uses the term.

— editor



## MAY

- 2 Lily Marino
- 3 Pamela Gaudet  
Jesse Morin
- 6 Barbara McLellan
- 7 Julia Marino
- 9 Joey Johnson
- 11 Donna Downing
- 12 Beatrice Ako  
Chris Fraser
- 14 Siena Butterfield
- 17 Lynne Gammon
- 20 Sue Dunn
- 23 Jan Lewis
- 30 Grayson Sylvester
- 31 Jill Gaudet

### Did We Miss YOUR birthday?

Let the office know when it is,  
and next year our lists will be  
more complete!

# May 2024 Schedule

## ■ SUNDAY, May 5 2024

8 a.m. Mary Dumond, layreader

10 a.m., Mary Dumond (PR)  
Lynne St. Peter, L. (LES & PSM)

**Ushers:** Ida Connolly & Cathy Jackson

## ■ SUNDAY, May 12

8 a.m., Dibbie Appleton, layreader

10 a.m. Kris Lemay, LR (PR)  
Bill Spear, L. (LES & PSM)

**Ushers:** Bill and Karen Spear

## ■ SUNDAY, May 19 - Pentecost!

8 a.m. Alice Moisen, layreader

10 a.m. Tom Keating, layreader (PR)  
Stu Tisdale, L. (LES & PSM)

**Ushers:** Tim & Sue Dunn

## ■ SUNDAY, May 26

8 a.m. Dibbie Appleton LR (PR)

10 a.m., Tim Dunn, Layreader ( PR)  
Lynne Gammon, L (LES & PSM)

**Ushers:** Susan & Russ Hicks

### KEY

L = lector

PR = prayers

Les = lesson

PSM = psalm

CB= chalice bearer





**It's Not 'Just Church' That Happens  
at 580 Forest Avenue!**

## *The Portland Ukulele Social Club*

*Sunday 4/14/2024*



*Lynne and Rick Gammon lead the Portland Ukulele  
Social Club which meets on the 2nd Sunday of the  
month in Lincoln Hall*

**We welcome uke players of all levels.  
For more info, please email  
Lynne at [lgammon65@gmail.com](mailto:lgammon65@gmail.com)”**

## TRINITY EPISCOPAL CHURCH

*Return Service Requested*

580 Forest Avenue  
Portland, Maine 04101

**TRINITY EPISCOPAL CHURCH 580 Forest Avenue Portland ME 04101**

**Email:** [office@trinitychurchportland.org](mailto:office@trinitychurchportland.org) **Website:** [www.trinitychurchportland.org](http://www.trinitychurchportland.org)

**OFFICE: 207-772-7421 Hours: 9:00AM - 2PM** — M, T, W, and Th.

**Services:** 8:00 a.m. —The 10 a.m. service is streamed ONLINE on YouTube & Facebook -  
Weekday NOON Prayers on M, T, and Th - streamed on YouTube/Facebook;

The Rev. J. Peter Swarr, Rector                      The Rev. Larry Estey, Assisting Priest

The Reverend Dr. Roy Partridge, Assisting Priest      The Reverend Deacon Heather Sylvester  
Dr. Mary Frances Fest, Minister of Music      Paula Levier, Parish Administrator

Rory Nickerson, Arts/Crafts Liaison for Sunday School

Access from Parking Lot behind the church.

